

The Weekly **Logic** Leap: Week 2 Worksheets - 2 people and about 1.5 to 2 hours.

TLDR: Key takeaways from this week

1. Interdependence improves resilience
2. Permeable boundaries improve interdependence
3. Redesign your system from the inside out

Instructions

1. This week's worksheet requires working with a friend. Ask someone you trust and schedule an hour of undisturbed time together. The time together needs to be either in person or via video call (requires visual interaction).
2. Prior to the meeting: Send your friend the pdf so each of you can fill out the prep worksheets on your own. You'll be asked to think about and note down attributes of the other person so allow enough time for this. (At least half an hour)
3. In person meeting: See special instructions for the final worksheet.
4. After your in person meeting, return to this page and complete the section below.

Reflection

Vitality: What new sources of inspiration and energy did this unlock?

Diversity: What stood out as surprising or unexpected during the activity?

Interdependence: How can we build a shared commitment to the outcomes?

*“And Dave, you're the kind of customer
I'm happy to lose,”*

JEFFREY P. BEZOS - AMAZON



This activity is based on trust and mutual respect. Please ensure that you have created a safe space for honest reflection and sharing.

Name of Person A (you):

Name of Person B (your friend):

Instructions:

In preparation for your in person meeting, you are being asked to reflect on your friend's (Person B's) current situation. Think about how they are doing right now and complete the following three tasks:

What they are really good at:

1. _____
2. _____
3. _____
4. _____
5. _____

What they really need right now:

1. _____
2. _____
3. _____
4. _____
5. _____

Ways in which I am being useful to them:



This activity is based on trust and mutual respect. Please ensure that you have created a safe space for honest reflection and sharing.

Name of Person B (you):

Name of Person A (your friend):

Instructions:

In preparation for your in person meeting, you are being asked to reflect on your friend's (Person A's) current situation. Think about how they are doing right now and complete the following three tasks:

What they are really good at:

1. _____
2. _____
3. _____
4. _____
5. _____

What they really need right now:

1. _____
2. _____
3. _____
4. _____
5. _____

Ways in which I am being useful to them:



Please find a location that supports calm focus and honest exchange.

Instructions

1. Bring a printed copy of the final worksheet and have a flat surface to write on.
2. 10 Minutes: Person B starts while Person A listens. Write and explain your observations into the “Person A” column on the shared worksheet. What you think Person A is good at, and what you think they need right now. Finally along the top green arrow write down what support you are giving them.
3. 5 Minutes: Person A responds to what they heard. Circle the 2-3 things that really struck a chord.
4. 10 Minutes: Person A’s turn as Person B listens. Write and explain your observations into the “Person B” column on the shared worksheet. What you think Person B is good at, and what you think they need right now. Finally along the bottom green arrow write down what support you are giving them.
5. 5 Minutes: Person B responds to what they heard. Circle the 2-3 things that really struck a chord.
6. 5 Minutes: In silence, think about what you have just experienced. How did it make you feel? What surprised you? Do you feel energised/scared/confused?
7. 25 Minutes: Channeling the energy - have an open generative conversation about what the two of you feel you can achieve with the knowledge you have gained? What could the two of you achieve with the potential you have together? Write these ideas down in the central space with the Magic flower.



Please find a location that supports calm focus and honest exchange.

Person A

Good at:	Need right now:
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____

Magic

Person B

Good at:	Need right now:
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____

Support

Support

