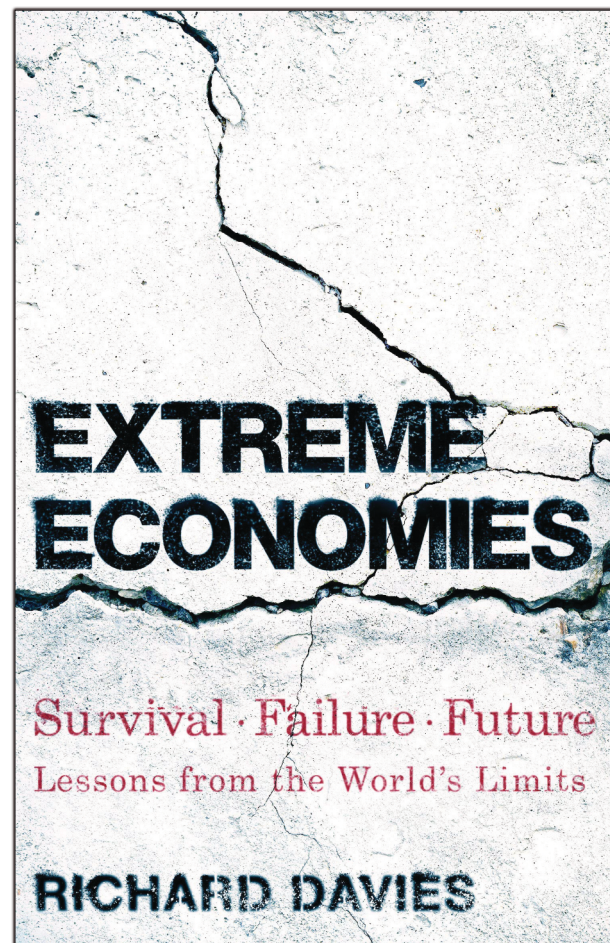


The Weekly **Logic** Leap: Week 4 - 15 Minutes individual exercise

Instructions for **My Three Words**:

1. Print out the three pages of the worksheet and find a moment of quiet reflection.
- 2. Orientation:** Think about the values, characteristics and behaviours that are important to you. When I ask someone to describe you, what **three** things would you like to stand out in their minds? Write each of the words in their own 'my three words' bubble.
- 3. Manifestation:** Now list all of the people, teams, organisations groups animals or whatever manifestation you can imagine that can serve as an **example** of 'my three words.' Write as many as you can think of inside the inner circle labeled "Examples."
- 4. Evaluation:** Next, think about situations or ways in which you would know that you are demonstrating the three attributes you wrote down. How will you know that you are living up to these intentions?
5. Complete the regenerative reflection sheet.

Synopsis of this [week's book](#):



Title: Extreme Economies: Survival, Failure, Future - Lessons from the World's Limits

Author: Richard Davies

Publishing date: September 2019

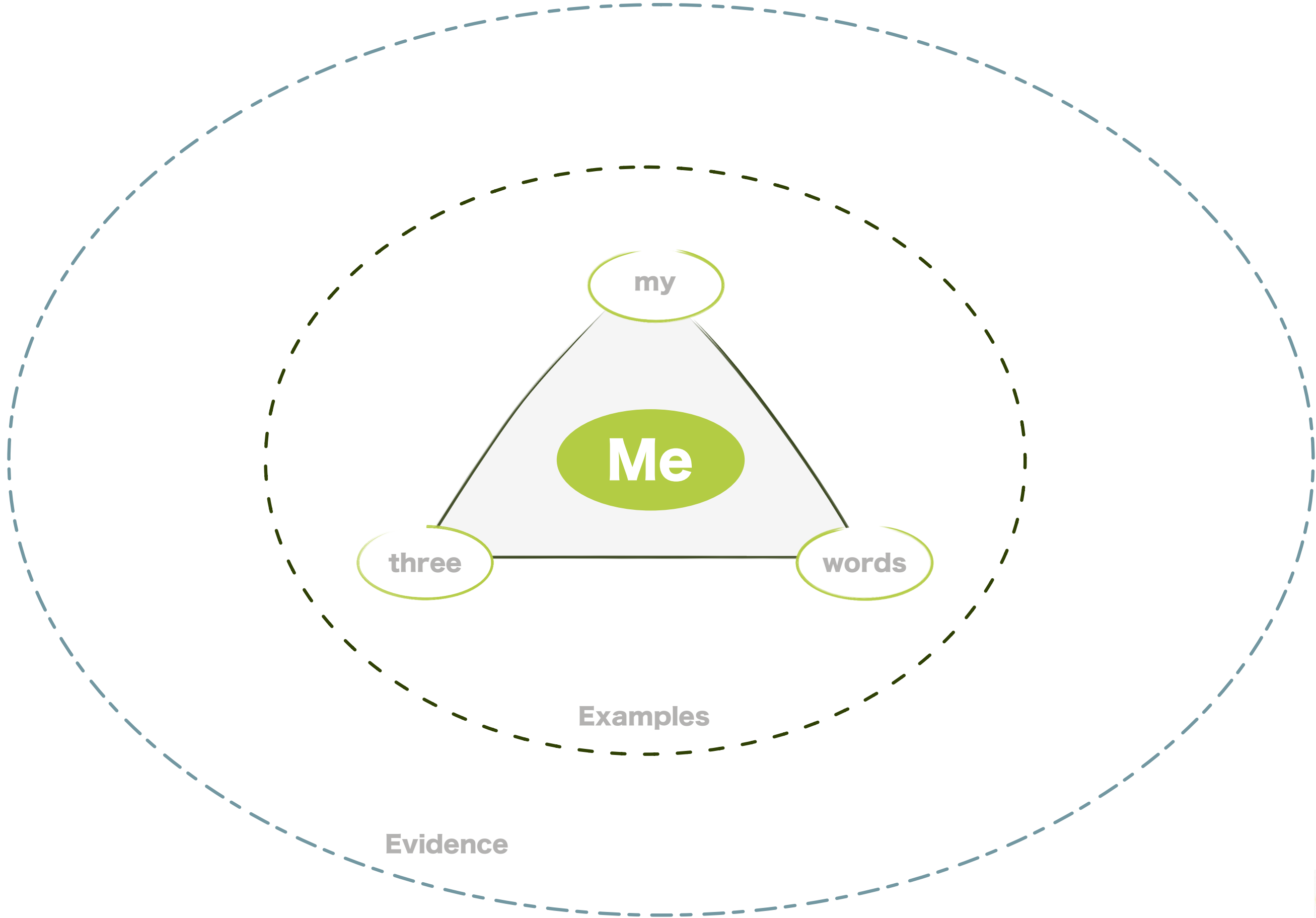
Publisher: Bantam Press

In search of a fresh perspective on the modern economy, *Extreme Economies* takes the reader off the beaten path, introducing people living at the world's margins. From disaster zones and displaced societies to failed states and hidden rainforest communities, the lives of people who inhabit these little-known places tend to be ignored by economists and policy makers. Richard Davies argues that this is a mistake, and explains why the world's overlooked extremes offer a glimpse of the forces that underlie human resilience, help markets to function and cause them to fail, and will come to shape our collective future.

Whether trekking with Punjabi migrants through the lawless Panamanian jungle or revealing the clever trick Syrians use to underpin trade in the world's most entrepreneurial refugee camp, Richard Davies brings a storyteller's eye to places where the economy has been destroyed, distorted, and even turbocharged. In adapting to circumstances that would be unimaginable to most of us, the people he encounters have become economic pioneers whose lives help us reflect on our own.

At once intimate and analytical, *Extreme Economies* draws the lines between personal narratives and global trends, shedding light on today's biggest economic questions and providing vital lessons for our turbulent future.





Reflection

Vitality: What energy and inspiration can you draw from your immediate surroundings?

Diversity: How can you complement this with external voices?

*Verily I say unto you, No prophet
is accepted in his own country.*

LUKE 2:24 - BIBLE, KING JAMES VERSION

Interdependence: What could happen if 'here' and 'there' connected in a meaningful way?

